

CARE INSTRUCTIONS

triazolam oral sedation

pre-op and post-op instructions

1. You **MUST** have a ride to and from your appointment.
2. When you arrive at our office, your doctor will administer the sedative medication, and you will remain seated in our waiting room (typically one hour) until your procedure is ready to begin. You are welcome to have a friend or family member stay with you anytime during your visit.
3. Do not eat or drink **ANYTHING** 3 hours before your appointment, including caffeine. Small sips of water are allowed. Avoid grapefruit in the hours before and after taking *Triazolam*.
4. Do not drink alcohol, take any recreational drugs, or take any other sedative prescription medication in the 24 hours before your appointment. These may be dangerous because they can affect how you react to *Triazolam*.
5. A responsible adult must be with you from the time you take the medication until you recover from the effect of the medication, regardless of your level of alertness.
6. After your appointment, you may be sleepy and lethargic for the rest of the day.
7. You should not drive or operate heavy machinery for a minimum of 12 hours following your appointment. Your judgment may be impaired for several hours following your appointment, therefore, do not make any critical decisions until fully recovered.